

## About the Children's Shelter

Through "respite care," we give temporary relief to parents or caregivers who are at a breaking point. Our shelter staff provides their children with free, quality care, giving them time to address emergencies or rejuvenate their emotions. The intent of respite care is to deter family crisis that could lead to abuse or neglect, thus helping families stay together.

### We offer:

- Emergency, temporary shelter for children and youth
- Planned respite care for children of parents facing extremely stressful life challenges
- Support services and referrals to other available community resources
- 24 hours a day, 7 days a week access to a crisis worker

### Who can use the shelter?

- Children newborn to 17 years old
- Runaway children
- Homeless children
- Children who are victims of or witness to domestic violence
- Children who are at risk of abuse or neglect
- Children whose parents are experiencing a housing, medical or mental health crisis

All services are provided without regard to race, age, color, religion, sex, disability, national origin, ancestry, or status as a veteran.

**24 Hours/7 Days a Week**

### Gene Glick Family Support Center

1575 Dr. Martin Luther King Jr. St.  
Indianapolis, IN 46202  
Phone: 317.264.2700 x221  
Fax: 317.686.3812

For an emergency, please call the DCS  
Hotline: 1 (800) 800-5556.



[www.childrensbureau.org](http://www.childrensbureau.org)

## Children's Shelter Parental Information

 **Children's Bureau, Inc.**  
Preserving families and protecting the future of Indiana's children.



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## What to Expect

During their stay at the shelter your child(ren) will be participating in a daily points/privilege system. By working on the following daily target skills, they can earn points to use toward privileges:

1. Accept Consequences
2. Cooperate with Others
3. Follow Instructions
4. Ask Permission
5. Accept Feedback

We expect all children staying in the shelter to behave in accordance with the "Big Four":

1. Focus on Self
2. Be Respectful
3. Keep Personal Boundaries
4. Be Safe and Consistent

## Daily Schedule

### Preschool

8:00 a.m.	WAKE UP & HYGIENE
8:45 a.m.	BREAKFAST
9:20 a.m.	EDUCATION
10:20 a.m.	SNACK
10:50 a.m.	EDUCATION
12:30 p.m.	LUNCH
1:30 p.m.	NAP
3:00 p.m.	SNACK
3:30 p.m.	CREATIVE ARTS
4:30 p.m.	DINNER
5:30 p.m.	P.E.
6:30 p.m.	FREE TIME
7:00 p.m.	SNACK
7:15 p.m.	BATH
8:00 p.m.	BEDTIME

### Youth

8:00 a.m.	WAKE UP & HYGIENE
8:45 a.m.	BREAKFAST
9:20 a.m.	EDUCATION
10:20 a.m.	SNACK
10:50 a.m.	EDUCATION
12:30 p.m.	LUNCH
1:30 p.m.	P.E.
2:30 p.m.	SNACK
3:00 p.m.	CREATIVE ARTS
4:30 p.m.	DINNER
5:30 p.m.	FREE TIME
7:00 p.m.	SNACK
7:15 p.m.	BATH
8:00 p.m.	FREE TIME
9:30 p.m.	BEDTIME

## We are unable to accept:

Children who are:

- actively suicidal or homicidal
- sexually acting out behaviors that could potentially put other children at risk or require specialized treatment
- physically aggressive
- in need of medical intervention requiring specialized training and/or equipment
- seriously ill or have a contagious disease

## Early Release

Parents need to be prepared for early release due to medical, physical, or behavioral issues.

