

Children's Bureau

Independent Living Experiential Learning Documentation Form

Foster parents please record the activities completed with the youth for the month by placing a check mark in the box next to the corresponding activities. Each youth age 16 and older is required to have 3 hours of instruction a week. Document the time completed on the bottom of this form (with questions please refer to the example sheet or ask your case manager)

<u>ACADEMIC SUPPORT</u>	<u>POST-SECONDARY EDUCATIONAL/SUPPORT/MENTORING</u>	<u>BUDGET & FINANCIAL MANAGEMENT</u>	<u>EMPLOYMENT/VOCATIONAL TRAINING</u>
<ul style="list-style-type: none"> <input type="checkbox"/> Learning to use the library (how to find a book, get a library card, ect.) <input type="checkbox"/> Completion of homework (learning to study and complete homework appropriately) <input type="checkbox"/> College applications (appropriate completion and submitting of college applications) <input type="checkbox"/> College tours (arranging and attending tours at potential colleges) <input type="checkbox"/> Preparation for SAT/ACT <input type="checkbox"/> Review of good study skills <input type="checkbox"/> Assistance with deciding on a college <input type="checkbox"/> Completion of Twenty-first Century Scholars application <input type="checkbox"/> Other: 	<ul style="list-style-type: none"> <input type="checkbox"/> Filling out scholarship applications <input type="checkbox"/> Trade preparations (research a trade; apply for trade school, ect.) <input type="checkbox"/> Assistance with ETV completion <input type="checkbox"/> Maintaining tutoring services. <input type="checkbox"/> Assistance with completion of FAFSA (financial aide form for college) <input type="checkbox"/> Vocational/Career Assessment and exploration <input type="checkbox"/> Matching youth with a mentor <input type="checkbox"/> Helping youth identify role-models through school, work or family life <input type="checkbox"/> Other: 	<ul style="list-style-type: none"> <input type="checkbox"/> Help creating a budget <input type="checkbox"/> Balancing a check book <input type="checkbox"/> Visiting a bank <input type="checkbox"/> Review how to read and pay bills <input type="checkbox"/> How to make a deposit and withdraw from a bank <input type="checkbox"/> Review how to use a debit card <input type="checkbox"/> Review importance of savings/ savings plan <input type="checkbox"/> Understand dangers of credit cards and use of credit cars <input type="checkbox"/> Learn about investment <input type="checkbox"/> How to file taxes <input type="checkbox"/> Understanding pay role taxes <input type="checkbox"/> Planning for large purchases (car, ect) <input type="checkbox"/> Using money orders <input type="checkbox"/> Understanding the difference between a want and a need <input type="checkbox"/> Understanding cost comparison (unit pricing, how to get the best price, avoiding brand names, ect). <input type="checkbox"/> How to avoid scams <input type="checkbox"/> Other: 	<ul style="list-style-type: none"> <input type="checkbox"/> Job hunting (keeping an employment log) <input type="checkbox"/> Filling out applications <input type="checkbox"/> Creating a resume <input type="checkbox"/> Mock job interviews <input type="checkbox"/> Learning about/researching different careers <input type="checkbox"/> Job shadowing <input type="checkbox"/> Attending Job fairs <input type="checkbox"/> Volunteering/community service <input type="checkbox"/> Career planning (i.e. what is needed to be hired for a particular job) <input type="checkbox"/> Following up after an interview <input type="checkbox"/> Understanding a paycheck <input type="checkbox"/> Understanding job benefits <input type="checkbox"/> Learning traits of a good employee <input type="checkbox"/> How to handle conflict in the work place <input type="checkbox"/> Understanding how to leave a job on good terms <input type="checkbox"/> Assist in obtaining ID's, birth certificates, child care <input type="checkbox"/> Understanding appropriate social skills <input type="checkbox"/> Obtaining transportation (understanding buses, getting drivers license, car insurance, ect.) <p>Other:</p>

Client Name:	Foster Parent Name:
Week of:	Total Number of Hours:

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<p><u>HEALTH EDUCATION & RISK PREVENTION</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Completing forms at the doctors office <input type="checkbox"/> How to make doctors appointments <input type="checkbox"/> Understanding importance of exercise <input type="checkbox"/> Learning to exercise <input type="checkbox"/> Understanding good nutrition <input type="checkbox"/> Learning basic first aide <input type="checkbox"/> Understanding medications (i.e. how to take them, reading the bottle, importance of taking meds) <input type="checkbox"/> Importance of hand washing <input type="checkbox"/> Keeping medical records <input type="checkbox"/> Introduction to insurance (co-pays) <input type="checkbox"/> Educate about consequences of missing appointments <input type="checkbox"/> Finding a doctor <input type="checkbox"/> Cost of medical care <input type="checkbox"/> Dangers of alcohol, drugs and tobacco <input type="checkbox"/> Learning about emotional problems <input type="checkbox"/> Risks of drinking and driving <input type="checkbox"/> Learning about STD's, birth control, healthy relationships <input type="checkbox"/> Healthy pregnancy <input type="checkbox"/> Understanding consequences of teen pregnancy 	<p>pregnancy prevention</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cooking and Healthy eating <input type="checkbox"/> Choosing good produce <input type="checkbox"/> Evaluating fast food menu <input type="checkbox"/> Healthy snacks <input type="checkbox"/> Kitchen and food cleanup <input type="checkbox"/> Other: 	<p><u>YOUTH ENGAGEMENT</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Teach child appropriate leadership skills <input type="checkbox"/> Discussing and teaching appropriate self advocacy <input type="checkbox"/> Assist to identifying appropriate role models <input type="checkbox"/> Civic engagement (i.e. volunteering, being concerned about the community and others). <input type="checkbox"/> Teach importance of being aware of surroundings <input type="checkbox"/> Reviewing and teaching of online safety and social networking <input type="checkbox"/> Other: 	<p><u>HOUSING EDUCATION AND HOME MANAGEMENT TRAINING</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Teaching to do laundry <input type="checkbox"/> Maintenance of a home (i.e. changing a light bulb, filters, ect.). <input type="checkbox"/> Understanding home ownership <input type="checkbox"/> Understanding utilizes (i.e. deposits, bills, ect.) <input type="checkbox"/> Learning to keep a home safe and clean. <input type="checkbox"/> Understanding insurance <input type="checkbox"/> How to use tools <input type="checkbox"/> Finding appropriate housing <input type="checkbox"/> Reading a lease and inspecting a house prior to moving in <input type="checkbox"/> Understanding lease rules and responsibilities <input type="checkbox"/> Learning to move <input type="checkbox"/> Filling out housing applications <input type="checkbox"/> Fire safety <input type="checkbox"/> Understanding benefits of having a roommate <input type="checkbox"/> Teaching homelessness prevention (paying bills on time, maintaining job, ect.) <input type="checkbox"/> Appropriate contacts in an emergency <input type="checkbox"/> Handling of a housing crisis (i.e. how to use fire extinguisher, stopping a grease fire, where to go during a tornado, when it's appropriate to call 911) <input type="checkbox"/> Appropriate landlord communications <input type="checkbox"/> Other:
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Week of:	Total Number of Hours:

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Please complete section below for each experiential instruction/activity that is checked above.

<u>Date:</u>
<u>Start Time:</u>
<u>End Time:</u>
<u>Description of Experiential Learning:</u> <hr/> <hr/> <hr/> <hr/>

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