



## WAYS YOU CAN SUPPORT BROOKE'S PLACE

Brooke's Place is primarily supported through donations and relies on more than 190 volunteers who directly serve our children and families. These generous gifts of time, talent, and treasure, allow us to address the critical needs of grieving young people and their families.

### VOLUNTEER

We have numerous opportunities to volunteer with us. From individuals serving grieving young people as program volunteers, to corporations serving in groups, we have a volunteer opportunity for you!



LEARN MORE ABOUT VOLUNTEERING  
VISIT [WWW.BROOKESPLACE.ORG](http://WWW.BROOKESPLACE.ORG)

"Death is probably the most painful part of life. But the only way to reach a level where one can deal with the grief, is actually to work through the grief. Brooke's Place provides that safe environment, not only a space, but emotionally, physically, for the person to talk about their loved one."

**JACQUELINE M BELL, OUTREACH DIRECTOR**

"It is with Brooke's Place that we who attend are able to learn how to put one foot in front of the other. We realize, by seeing other Brooke's Place families at various stages in their grief, that there is finally hope."

**BROOKE'S PLACE MOM**

"Brooke's Place is a helping hand with my emotional life."

**CAL, 13 YEARS OLD**

"No matter how sad or confused or lost I feel, no one here judges me or tries to "fix" my feelings. They let me be myself and genuinely help me feel better just by being my friends. I never have to hide how I feel or be careful what I say. I always feel safe, protected and welcome, like I'm coming home. Coming here has healed me."

**BROOKE'S PLACE TEEN**

"Not only are children grieving the loss of the death of their loved one, but they're grieving the changes that are happening within their household."

**ERICA O'NEIL, THERAPIST**



### CONTACT US

8935 North Meridian Street, Suite 200  
Indianapolis, Indiana  
Tel: 317-705-9650  
[www.brookesplace.org](http://www.brookesplace.org)



GRIEF IS NORMAL.  
GRIEF IS COMPLICATED.



together  
WE WORK TO  
**EMPOWER**  
CHILDREN, TEENS, YOUNG  
ADULTS & THEIR FAMILIES  
**TO THRIVE**  
IN THE MIDST  
of grief

## OUR MISSION

Every person will experience their own grief story. Brooke's Place strives to keep your loved one's memory and stories alive through the incredible power of communication. All of the programs offered by Brooke's Place provide children and families the opportunity to express their grief and embrace their own questions, thoughts, and feelings regarding that grief.

Our goal is to work with children and their families to identify the programs and services that are the appropriate fit for their individual and unique grief journey. When grief is unresolved, additional issues may arise.

Whether you are a family member looking for grief support, a grieving young adult, or a community professional seeking to better understand how to support students who are experiencing grief, Brooke's Place is here.



## GRIEF UNDERSTOOD

When you meet a child or a family member at Brooke's Place, you see resilience, strength, and hope. You see grief in action. Most of all, you see grief understood. There is no right way to grieve. There is no ending to grief. Brooke's Place meets young people and families where they are in their grief and walks alongside them to ensure they feel safe and supported throughout their grief journey.

Located in Indianapolis, IN, Brooke's Place provides grief support services to children, teens, and young adults, ages 3-29, and their caregivers in Central Indiana who have experienced the death of a loved one. We serve the community through our ongoing grief support group program, BP8 outreach grief support group program, therapy services, Camp Healing Tree, and our community education program. All program oversight is provided by Brooke's Place mental health professionals.

## BROOKE'S PLACE PROGRAMS AND SERVICES



### ONGOING GRIEF SUPPORT GROUP PROGRAM

This program is the only ongoing peer-based grief support group program in Central Indiana. Groups meet twice a month and are led by trained volunteer facilitators, offering grief based play and a variety of expressive arts activities.



### BP8 OUTREACH GRIEF SUPPORT GROUP PROGRAM

This outreach program is structured as weekly one-hour sessions for a period of eight weeks. They are facilitated in various locations throughout the community. Groups are led by trained volunteer facilitators, offering grief based play and a variety of expressive arts activities.



### THERAPY SERVICES

This individual and family therapy program utilizes professional grief therapists who provide play and expressive arts-based counseling. Therapy sessions are offered on a sliding fee scale that is available to qualifying families.



### CAMP HEALING TREE

This fun-filled weekend camp is geared for youth, ages 7-17, who are grieving the death of a loved one. Trained camp volunteers provide children and teens the opportunity to express their feelings, thoughts and memories of their loved one through engaging activities and outdoor adventures.



### COMMUNITY EDUCATION

This community education program provides an understanding of how young people grieve and gives valuable ways to support them. This program offers volunteer facilitator training for those interested in volunteering. Community presentations and continuing education on childhood grief are offered for a fee, while speakers, bureaus, and exhibits are offered at no charge.

**LEARN MORE ABOUT EACH PROGRAM  
VISIT [WWW.BROOKESPLACE.ORG](http://WWW.BROOKESPLACE.ORG)**