

Nearly **1.5 million high school students**

nationwide experience physical abuse from a dating partner in a single year.

53% of American teens

and adults know a victim of domestic violence.

Indiana ranks **3rd highest**

out of 30 states in the percentage of high school students who reported sexual dating violence during the past 12 months.

1 in 4 girls and **1 in 6 boys**

were sexually abused before the age of 18.*

65% of victims who come forward say no one helped them.*

1 in 3 teens experience sexual or physical abuse or threats from a boyfriend or girlfriend in one year.*

*Statistics taken from NoMore.org

The Change Project

**IN HONOR OF HEATHER NORRIS
AND CORIANA JOHNSON**

The mission of the Domestic Violence Network is to change the culture that leads to domestic violence through advocacy, education, and collaboration in the community at large.



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**CHANGING THE CULTURE
THAT LEADS TO VIOLENCE
IN OUR SCHOOLS AND
COMMUNITIES**

Domestic violence prevention starts early.

THE CHANGE PROJECT

As part of Domestic Violence Network's Youth Program, The Change Project provides healthy relationship education to Central Indiana schools and youth programs. This free program teaches students about healthy relationships and is focused on changing the culture that leads to violence in Central Indiana. The Change Project curriculum is age and developmentally appropriate, rooted within social emotional learning competencies and social justice education principles, and utilizes the Center for Disease Control and Prevention's National Health Education Standards (NHES) to ensure the curriculum is establishing, promoting, and supporting health-enhancing behaviors across different ages as well as helping reinforce valuable skills for each student's future.

EMPOWERING HEALTHY RELATIONSHIPS

During the sessions, youth will learn about healthy versus unhealthy relationships, how to be empathetic, kind, and compassionate community members, the importance of values and communication within relationships, teen dating abuse, consent, social norms and stereotypes, and how to help peers that may be in an unhealthy relationship. Students will also be introduced to concepts and activities around identity, intersectionality, and the impact of society's influence on how we behave in relationships. Each session will provide the students with a fun, interactive and comfortable environment to learn and grow. The curriculum

uses activities that empower students toward developing healthy relationships rather than focusing on the negative aspects of unhealthy relationships.

PROGRAM COMPONENTS

- Culturally competent, sensitive, and inclusive
- Inclusive of lesbian, gay, bisexual and transgender (LGBT) issues
- Utilizing a variety of teaching techniques, methods, and formats
- Promoting asset building, self-efficacy, empathy
- Introducing emotional intelligence
- Building an understanding of identity, intersectionality, and how external influencers affect the way young people see relationships
- Empowering and developing skills for advocacy and allyship
- Diverse activities and opportunities for visual, auditory, aural, verbal, physical, logistical, social, and solitary learners

DOMESTIC VIOLENCE NETWORK

The Domestic Violence Network (DVN) leads our community in cultural change toward ending domestic violence, once and for all. We work with the public to gather data delivery better resources, and engage with influencers.

We believe that domestic violence prevention starts early. That's why we have dedicated significant resources to engaging young people. We create programs that help schools address dating violence and social issues while developing peer groups to impact the cultural understanding of domestic violence. By eliminating harmful stigmas and changing cultural norms, we will see a better tomorrow for our children and grandchildren.

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